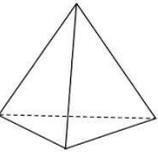


## Sacred Geometry and Platonic Solids

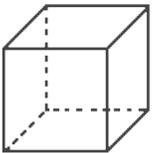
The 5 Platonic solids are ideal, primal models of crystal patterns that occur naturally throughout the world of minerals, in countless variations. These are the only five regular polyhedral, that is, the only five solids made from the same equilateral, equiangular polygons. We have added a crystal orb and a crystal merkaba to this set of 5. Pure quartz crystal has been cut into these primal shapes for use in meditation, healing and manifestation. Use them for energy work, meditation and manifestation. Have fun and play with these wonderful energy shapes of pure quartz crystal.

### Tetrahedron - Balance and Stability



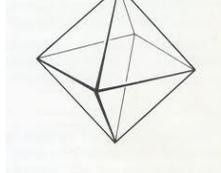
First of the platonic solids, having 4 triangular sides. Each side sits flat, no matter how it is turned, creating a balance between physical and spiritual. It's power is linked to the solar plexus, personal power and awareness. Understanding (Binah) 4 triangular faces, 4 vertices, 6 edges Use for Manifestation & Creation. Associated with the Energy of Expansion, the Solar Plexus, Color Red, and the Fire Element

### Cube or Hexahedron - Grounding Creation



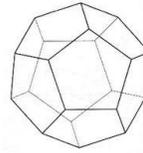
The second platonic solid is the cube or hexahedron, having 6 square sides. Associated with Earth element, the cube sits flat, firmly rooted and grounded in earth and nature. It's solid foundation symbolizes stability and grounding energy. Strength (Geburah) 6 square faces, 8 vertices, & 12 edges. Use for Grounding, Associated with Base of Spine, Color Green, & Earth Element

### Octahedron - Eight Paths to Enlightenment through the Heart



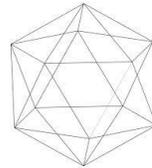
The third of the platonic solids in the octahedron having 8 triangular sides. Compassion and our own spiritual nature combine in this shape to allow us to access the healing and nurturing aspects of ourselves. Balance of multiple forces is required when resting on a single point in time and space. Honor (Hod) 8 triangular faces, 6 vertices, 12 edges Use for Spiritual Enlightenment. Associated with the Heart, Color Yellow, Planet Mercury, and the Air Element

### Dodecahedron - Twelve Faces of the Divine Within



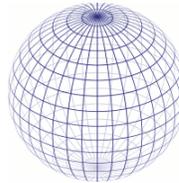
The fourth platonic solid is the Dodecahedron, having 12 pentagonal sides. Face of the Divine Within. Use for Ascension and finding the Divine within. The Senses (Yesod) 12 pentagonal faces, 20 vertices, 30 edges. Associated with the 3 higher chakras, the skin, Color Gold, and Ether Element

### Icosahedron - Movement, Flow, Change



The Icosahedron is the fifth and final platonic solid, having 20 triangular sides. It symbolizes movement, flow, and change, allowing for freedom of expression and creativity. Kingdom (Malkuth) 20 triangular faces, 12 vertices, 30 edges. Use for Conscious Prayer & Transformation. Associated with Navel Chakra, Color Blue, and Water Element

### Orb or Sphere - Spirit



The orb or sphere is composed of many points which are all the same distance from a given point in space - perfectly round. Though not considered a true platonic solid, the orb is associated with the purity of spirit and enhances the energies of stillness and knowing.

### Merkaba - Light, Spirit, Body



Though not considered one of the 5 platonic solids, the merkaba is composed of two equally sized, interlocking tetrahedra with a common center, where it takes the shape of a star. Mer, which means light, Ka, which means spirit and Ba, which means Body. Put together, these three words connote the union of spirit with body, surrounded by light.

### How to use

Select a crystal to use with meditation and healing. Focus on *feeling* the vibrations and *allowing* your vibrations to match the crystals. As you attune to each unique vibration mentally and emotionally, your cells will attune physically. In fact, that is how all healing occurs, by attuning to a higher vibration!